



## **ASSESSMENT, DIAGNOSIS & TREATMENT PLANNING**

### **Success of treatment depends on:**

- Appropriate pre-treatment considerations
- Patient' s reasons for seeking care
- Patient assessment
- Examinations and diagnosis
- Treatment planning

### **PATIENT ASSESSMENT**

- Medical review (contagious diseases, allergies, systemic diseases etc.)
  - If symptoms are present: onset and pattern, frequency, exacerbating and relieving factors
  - If pain is the main symptom: origin and radiation, character and intensity, associations
  - Medical history form Physical status (Assistance required)
  - Review of past dental history
- Review of current problems – chief complaint
- Available radiographs (is there a need for a new one)
- Affective, sociological and psychological review
- Attitudes
- Priorities
- Expectations

### **EXAMINATION AND DIAGNOSIS**

Examination: the process of observing both normal and abnormal conditions

Clinical review – Using correct Protocol – Under tongue, Inner cheeks, Roof of mouth and neck.

Intraoral – oral hygiene, teeth, periodontal condition.

Radiographic – Existing (Provided) / New (Taken)

### **DIAGNOSIS**

Develop a diagnosis consistent with the history, physical signs, and the results of the clinical tests

If there are any inconsistencies / concerns with the clinical assessment – we would consider a referral to a specialist, informing the patient of the reason for this decision

## **TREATMENT PLANNING**

Careful consideration is taken regarding the costs of the treatment, and the patients budget. There are usually a number of different options, that can vary in cost, we would discuss these with you and advise the best of these options, based on our clinical judgement.

Many treatments can be spread out over a period of time, or we can arrange payment plans, with the payments spread over a number of months, if you would like treatment sooner. We will request at all visits where a patient is provided with a treatment plan that they sign a copy to say they understand what's been discussed, they are also provided with a copy to take away to consider their options prior to progressing with the proposed treatments.